

VINGA Mind GRS recycled paper journal

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Dive into self-discovery and mindfulness with our Mind journal today and capture your daily reflections. With pre-printed A5 template pages, including prompts like rating your day, describing meaningful interactions, and documenting moments of presence, it's easy to chronicle your journey. Featuring GRS-certified paper, is designed to guide you through thoughtful introspection. Complete with a ribbon bookmark and a fabric cover, it seamlessly blends functionality with elegance, whether on your desk or bedside table. Certified by GRS (Global Recycled Standard), GRS certification guarantees that the entire supply chain of the recycled materials is certified. The total recycled content is based on the overall product weight. This product contains 73% GRS certified recycled paper.

